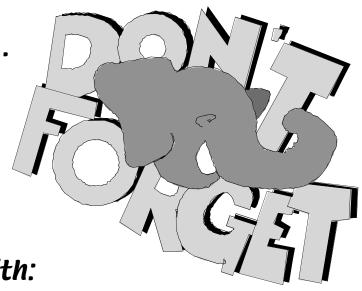
Kindergarten Parents...

Please Remember to have your child:



Start each school day with:

- o a good night's rest (at least 9-12 hours)
- a good breakfast (with protein -- a great brain food -- peanut butter, breakfast meat, eggs, etc.) Some people are not hungry for a couple of hours after they get up in the morning. If your child falls into this category, please send a little larger snack with him/her.
- Pack a healthy snack -- even if you are buying hot lunch. Our snack time will be around 9:30 each day.
- Bring a bottle of water to drink during the day....
 especially in this hot weather.
- Pray for us each day that Jesus will fill our room with His happiness and peace.

Thank you so much!!!