



General Information (cont.):

Clothing:

Mark all clothing with your child's name. Choose comfort and safety over looks. Make sure your child wears comfortable clothing and shoes appropriate for play on the playground. If wearing dresses, girls should wear shorts underneath. Kindergarten can be a dirty business. Please provide a **paint shirt** for your child to wear during "messy" projects. Also, your child should keep an **extra set of clothes** in a plastic bag in his or her cubby (nothing fancy). **Be certain to replace these extras if they are used or taken home.**



Healthy Kids:

Be sure your child has a **healthy breakfast and gets adequate rest**. This will help make your child's school day a good one. If your child is feeling ill or has had a fever in the last 24 hours, please keep him or her at home so they will not feel worse and so sickness will not be spread to others. Call the school if your child will be absent and inform us of any contagious condition.

Lunch and Snacks:

You may send a **healthy snack** for your child. Some children need this more than others especially if your child is not a good breakfast eater. When sending snacks, pack it separately and label "snack", since children may be confused and eat lunch at snack time. A **protein** food item would be good "brain" food to keep your child learning all morning.

Class Notes:

Each Monday I will send home a note (**Kindergarten Connections**) informing you about what we are doing in class that week, the memory verse, and any homework or any announcements I have. Please take time to go over this sheet each evening with your child. There will also be a **reading contract** to use during the week to keep track of books read with and/or to your child. Please return the contract each Friday. Thank you.

